



LIVE CME PROGRAM

Survival Skills for Today's Gynecologist

Advanced Update for All Women's Healthcare Providers with Practical Tips and Pearls

April 25-27, 2025

**New York Marriott Downtown
New York, NY**

17.75 AMA PRA Category 1 Credits™
17.75 Cognate Credits

Program Directors

Steven R. Goldstein, MD, CCD, MSCP, FACOG
James A. Simon, MD, CCD, MSCP, IF, FACOG

Faculty

Ted L. Anderson, MD, PhD, FACOG, FACS
Angela Fitch, MD, FACP, FOMA
Ellen C. Gendler, MD
Alyse Kelly-Jones, MD
Neeraj Kohli, MD, MBA
Lisa Larkin, MD, FACP, MSCP, IF
Stacy Smith-Foley, MD
Mark Spitzer, MD, FACOG

Welcome to New York!

Welcome to **Survival Skills for Today's Gynecologist Spring 2025 Advanced Update for All Women's Healthcare Providers With Practical Tips and Pearls** delivered by world-class leaders in our field.

Feel good about offering comprehensive, up-to-date information and services that will expand your practice areas to include menopause, urogynecology, weight-loss therapies, office-based procedures and more. Whether solo or in a group, this course will change the way you practice medicine.

Faculty

Ted L. Anderson, MD, PhD, FACOG, FACS

Betty and Lonnie S. Burnett Professor
Vice Chair for Faculty Development
Department of Obstetrics and Gynecology
Vanderbilt University Medical Center
Nashville, TN

Angela Fitch, MD, FACP, FOMA

Co-Founder and Chief Medical Officer
knowwell
President
Obesity Medicine Association
Assistant Professor
Harvard Medical School
Boston, MA

Ellen C. Gendler, MD

Clinical Associate Professor of Dermatology
NYU Langone Medical Center
New York, NY

Alyse Kelly-Jones, MD

Tryon Women's Center
Tryon Medical Partners
Charlotte, NC

Neeraj Kohli, MD, MBA

Medical Director, Boston Urolyn
Newton Wellesley Hospital/Brigham and
Women's Hospital
Assistant Professor, Department of OB/GYN
Harvard Medical School
Boston, MA



Program Directors

Steven R. Goldstein, MD, CCD, MSCP, FACOG

Professor of Obstetrics and
Gynecology
New York University
Grossman School of Medicine
Department of Obstetrics and Gynecology
New York University
Langone Medical Center
New York, NY

James A. Simon, MD, CCD, MSCP, IF, FACOG

Clinical Professor
George Washington University
School of Medicine
President and Medical Director
IntimMedicine Specialists®
Washington, DC

Lisa Larkin, MD, FACP, MSCP, IF

President and CEO, Ms. Medicine
President and CEO
Concierge Medicine of Cincinnati
Immediate Past President
The Menopause Society
Chair Scientific Program Committee
The Menopause Society Annual Meeting 2023
Cincinnati, OH

Stacy Smith-Foley, MD

Medical Director, Breast Center at Carti
Little Rock, AR

Mark Spitzer, MD, FACOG

Program Director
Vulvovaginal Disorders, Northwell
Clinical Professor of Obstetrics and Gynecology
Donald and Barbara Zucker School
of Medicine at Hofstra/Northwell
Past President, American Society for
Colposcopy and Cervical Pathology
New Hyde Park, NY

Information

Registration Fees

Physician.....	\$1,495
Resident/Fellow/Military/Retired*.....	\$1,395
NP/PA/CNM/RN.....	\$1,195
Single Day Tuition.....Friday \$1,095/Saturday \$995/Sunday \$995	

*Written certification of status required

Group Discount and Refunds

Sign up with others and get a group discount! Call our office to receive \$75 off each registrant's fee when you register two or more at the same time.

A fee of \$75 is charged for cancellations received prior to April 3, 2025. We're sorry, but we cannot provide refunds after that date.

Exhibits

Pharmaceutical, diagnostic and therapeutic equipment companies are scheduled to be on site.

Meals

An expanded continental breakfast and break refreshments will be provided in the exhibit hall.

Downloadable Conference Slides

Please look for an email a few days prior to the symposium containing a link to download the lecture slides to your device (or to print a copy if you wish to have them on hand at the meeting). Once onsite, you will receive a notebook with lecture objectives and notes pages.

CME Certificate

Your course evaluation and CME certificate will be sent to the email provided when registering. Please use an e-mail address that allows an attachment to ensure timely delivery of materials.

New York Marriott Downtown

This year, explore the vibrancy of New York and all that Lower Manhattan has to offer from the centrally located New York Marriott Downtown. Enjoy dozens of nearby restaurants, galleries and parks, all with beautiful views of the Hudson River. You are just a short stroll from the 9/11 Memorial and Museum, the Oculus Center and the Brooklyn Bridge. Also within walking distance is South Street Seaport where you can learn about New York's origins as a world port. If shopping is on the agenda, walk over to Brookfield Place for a shopper's paradise with well-known specialty stores, small boutiques and amazing restaurants. At night, take in the bright lights of this iconic city's fantastic skyline.

A limited number of rooms have been set aside starting at \$320 per night (plus taxes and fees). Reservations can be made by scanning the QR code or calling **(212) 385-4900** or **(800) 228-9290** and identifying yourself as an attendee of Survival Skills. The reservation deadline is Thursday, April 3, 2025.

We recommend making your reservation in advance as the hotel may sell out prior to the reservation deadline. April is a popular time in New York.



Target Audience

Physicians (including OB-GYNs and internists) nurse practitioners, physician assistants, certified nurse midwives, nurses and allied healthcare providers in clinical practice with an interest in women's health including gynecology, menopausal medicine, urogynecology, sexual health, endocrinology, internal medicine and preventive medicine.

Conference Objectives

Upon completion of this conference, you will be able to:

- Expand your skill set in recommending appropriate patient specific screening and treatment options for a wide range of health conditions
- Implement up-to-date, evidence-based preventive measures for your patient
- Improve your diagnostic skills including for the complicated patient with co-morbidities
- Understand the benefits of the latest therapeutic and technological treatment options and dissect the potential benefits for your female patient

Program

Friday – April 25, 2025

Time	Program	Faculty
7:30	Registration and Breakfast	
7:55	Welcome and Morning Announcements	Faculty
8:00	The Postmenopausal Vagina: Underappreciated, Undertreated	Simon
8:35	Bone Health: Much More Than DXA Scores	Goldstein
9:10	Cervical Cancer Screening: Where the Guidelines Make Sense, Where They Don't	Spitzer
9:45	Questions and Answers	Faculty
10:00	Break and Visit Exhibits	
10:25	Fixing Vasomotor Symptoms Without Hormones	Kelly-Jones
11:00	Abnormal Uterine Bleeding: Evaluating the Endometrium	Goldstein
11:35	Aging Skin: Update for Generalists to Improve its Health and Appearance	Gender
12:10	Questions and Answers	Faculty
12:25	Lunch on Your Own	
1:30	Contraception 2025: What's New, What Is to Come	Simon
2:05	Obesity is a Chronic Disease: New Perspectives	Fitch
2:40	Early Pregnancy Failure, hCG, and PULS: The Goalposts Have Moved	Goldstein
3:15	Questions and Answers	Faculty
3:30	Break and Visit Exhibits	
3:55	Low Libido: What the Generalist Can Do in Sexual Medicine	Kelly-Jones
4:30	Medications for Weight Loss: What is Real, What Isn't	Fitch
5:05	Questions and Answers	Faculty
5:15	Adjourn for the Day	

Saturday – April 26, 2025

Time	Program	Faculty
7:00	Breakfast	
7:25	Morning Announcements	Faculty
7:30	Urogynecology: Things the Generalist Can and Should Be Doing	Kohli
8:05	Menopausal Hormone Therapy: WHI is in the Rearview Mirror	Simon
8:40	Breast Cancer: How to Assess Risk and Reduce It	Larkin
9:15	Breast Imaging: Not Your Mother's Mammogram	Smith-Foley
9:55	Questions and Answers	Faculty
10:10	Break and Visit Exhibits	
10:35	Breast Density: An Issue of Increasing Importance	Smith-Foley
11:10	The Pelvic Floor: Its Role in Pain, Sex and Incontinence	Kohli
11:45	Migraine 2025: What the Generalist Can and Should Do	Larkin
12:25	Hysteroscopy: Time to Move it Into Your Office	Anderson
1:00	Questions and Answers	Faculty
1:15	Adjourn for the Day	

Sunday – April 27, 2025

Time	Program	Faculty
7:30	Breakfast	
7:55	Morning Announcements	Faculty
8:00	Testosterone in the Menopausal Transition: Myths and Realities	Simon
8:35	Abnormal Uterine Bleeding: The Role of the Myometrium	Goldstein
9:10	Vaginal Health: Things You Need to Know, But Never Asked	Spitzer
9:45	Treating Abnormal Uterine Bleeding: Medicines or Minimally Invasive Surgery	Anderson
10:20	Questions and Answers	Faculty
10:35	Break	
10:50	Vulvar "Dermatology": What the Generalist Needs to Recognize	Spitzer
11:25	Incidental Findings in the Gynecologic Ultrasound Scan: How to Not be a Victim of Modern Imaging Technology" (VOMIT)	Goldstein
12:00	Where Gynecology Meets Psychiatry: PMS/PMDD; Anxiety/Sleep	Simon
12:35	Questions and Answers	Faculty
12:50	Seminar Adjourns	



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April 25-27, 2025

New York Marriott Downtown
New York, NY

Register today!



Visit WorldClassCME.com
or scan QR code



Call (888) 207-9105



6201 Fairview Rd Suite 200
Charlotte, NC 28210

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Upcoming Conferences

The Best of the Big Apple OB-GYN Ultrasound®

November 15-17, 2024
New York Marriott Downtown
New York, NY

National Diagnostic Imaging Symposium®

December 8-12, 2024
Disney's Yacht Club Resort
Lake Buena Vista, FL

Advanced OB-GYN Ultrasound Symposium Women's Health Imaging: A Practical Approach to Elevate Your Skills

January 17-19, 2025
The Westin Nashville
Nashville, TN

Survival Skills for Today's Gynecologist® Spring 2025

April 25-27, 2025
New York Marriott Downtown
New York, NY

Fetal & Women's Imaging Advanced OB-GYN Ultrasound®

September 12-14, 2025
The Westin Seattle
Seattle, WA

Survival Skills for Today's Gynecologist® Fall 2025

October 3-5, 2025
The Ritz-Carlton Pentagon City
Arlington, VA



Accreditation - World Class CME is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. World Class CME designates this live activity for a maximum of 17.75 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American College of Obstetricians and Gynecologists has assigned up to 17.75 cognate credits to this program.

Nurse Practitioners and RNs - The American Nurses Credentialing Center and The American Academy of Nurse Practitioners Certification Program accept continuing education credits sponsored by organizations, agencies, or educational institutions accredited or approved by the Accreditation Council for Continuing Medical Education (ACCME).

Physician Assistants (PA) - The American Academy of Physician Assistants accepts *AMA PRA Category 1 Credits*™ from organizations accredited by ACCME. This course qualifies for Category 1 CME for PAs.

Certified Nurse Midwives (CNM) - The American Midwifery Certification Board (AMCB) accepts Category 1 CME approval from organizations accredited by the ACCME.

Menopause Society Certified Practitioner (MSCP) - You will receive a record of attendance for submitting up to a maximum of 17.75 CMEs to the Menopause Society.

Disclosures - visit WorldClassCME.com.